



[13 Things Mentally Strong People Don't Do Pdf Free Download](#)

# 18



## Things High Achievers Do That Low Achievers Don't

- 1. They move on.** They don't waste time feeling sorry for themselves.
- 2. They keep control.** They don't give away their power.
- 3. They embrace change.** They welcome challenges.
- 4. They stay happy.** They don't complain. They don't waste energy on things they can't control.
- 5. They are kind,** fair, and unafraid to speak up. They don't worry about pleasing other people.
- 6. They are willing to take calculated risks.** They weigh the risks and benefits before taking action.
- 7. They invest their energy in the present.** They don't dwell on the past.
- 8. They accept full responsibility for their past behavior.** They don't make the same mistake over and over.
- 9. They celebrate other people's success.** They don't resent that success.
- 10. They are willing to fail.** They don't give up after failing. They see every failure as a chance to improve.
- 11. They enjoy their time alone.** They don't fear being alone.
- 12. They are prepared to work and succeed on their own merits.** They don't feel the world owes them anything.
- 13. They have staying power.** They don't expect immediate results.
- 14. They evaluate their core beliefs** — and modify as needed.
- 15. They expend their mental energy wisely.** They don't spend time on unproductive thoughts.
- 16. They think productively.** They replace negative thoughts with productive thoughts.
- 17. They tolerate discomfort.** They accept their feelings without being controlled by them.
- 18. They reflect on their progress** every day. They take time to consider what they've achieved and where they are going.



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And they took strong cities and a rich land, And possessed houses full of all goods, ... Don't use the fast to work additional hours or get things done. ... This is a prayer for the victory of God and the salvation of his helpless people ... Day 2: Pray Eph. FREE Download of Robin's Miracles in Prayer Book at: FreePrayerBook.. [FREE] 13 Things Mentally Strong People Don't Do R.A.R ... You make it possible for to download effortlessly as well as check out online ...

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